

Amina in the Nexus: A Shared Vision

OVERVIEW

Amina in the Nexus shares the National Center for Interprofessional Practice and Education's vision for health care delivery in the United States. Through Amina's story, individuals see the potential of the Nexus to align health care redesign and interprofessional education to achieve the Triple Aim¹ of improving the patient experience of care, improving the health of populations and reducing the per capita cost of health care.

ABOUT THE RESOURCES

The story of Amina, a Somali woman managing her diabetes in an urban setting, is designed to facilitate discussion about interprofessional education and collaborative practice (IPECP) and its potential to contribute to health care transformation in the U.S. The video and supporting resources can be used as teaching tools for a variety of audiences, including health professionals, health system and higher education leaders, faculty, students and community members. The resources listed below are available through the National Center website, www.nexusipe.org/amina.

- **Getting Started:** A two-page reference document that outlines available resources, suggested audiences and short messages about the National Center, our work and the Nexus concept.
- **Amina in the Nexus videos:** Amina's story is available in three web-based formats:
 - Captioned video with music soundtrack: At just over five minutes, this YouTube-hosted video is useful for large groups.
 - Narrated video: Also hosted on YouTube, this video includes the same content as the captioned format, but without on-screen text.
 - Interactive video: A self-paced, educational module that can help introduce or be integrated into IPE curriculum.
- **Resource and Facilitation Guide:** A 17-page document that offers an in-depth description of Amina's story, key concepts, supporting resources, presentation recommendations and discussion topics.
- **PowerPoints:** With a version for IPECP-informed and non-IPECP audiences, the presentations help frame Amina's story with background information that introduces audiences to the vision and focus of Amina's story. Each PowerPoint set includes a customized slide with the *Amina in the Nexus* video link embedded.
- **Evaluation Survey & Online Forum:** Your feedback will help inform future Nexus stories. After using the *Amina in the Nexus* resources, please complete an online survey and visit the Forum to share best practices and recommendations to others.

USING AMINA IN THE NEXUS

1. Before presenting *Amina in the Nexus*, read the Resource and Facilitator Guide to become familiar with her story, its inspiration and the Nexus concept.
2. Learn about your audience and its level of understanding of IPECP principles. Use information provided in the Resource and Facilitator Guide to help frame an effective pre- and post-video discussion.
3. Ensure that the site where you will be presenting *Amina in the Nexus* has a projector, audio capabilities, allows access to YouTube and supports Microsoft Office products, including PowerPoint.
4. After presenting, please complete the online evaluation to provide the National Center with feedback on the resources and ideas for future stories.

¹ The Triple Aim framework was developed by the Institute for Healthcare Improvement in Cambridge, Massachusetts (www.ihl.org).

About the National Center

- The National Center for Interprofessional Practice and Education is a public-private partnership that provides the leadership, evidence and resources needed to the study of interprofessional education and collaborative practice (IPECP) as an effective health care delivery model.
- Our partners include clinicians, educators, administrators and researchers who share our belief that, by aligning health care redesign and interprofessional education, we can contribute to the Triple Aim of enhancing the patient experience, improving population health and reducing cost.

THE NEXUS

- A gap is growing between how health professionals are trained and the real-world skills needed to deliver effective patient care. Our work aims to narrow that gap by creating a Nexus, a partnership in which health professions education and health care delivery systems work together.
- In our Nexus, health care practice and education systems are true partners, sharing ideas and best practices that have the potential to meet the demands of transforming processes of care delivery and the challenges in educating and training the next generation of health professionals.
- The Nexus isn't just an idea; it's coming to life in health systems, universities and colleges and communities around the world. The National Center is working with a growing network of applied research sites across the U.S. to turn ideas – whether focused on classroom learning, on-site training, clinical practice or a combination of all three – into action through projects that have the potential to show the long-term impact of IPECP in achieving the Triple Aim.

THE WORK OF THE NATIONAL CENTER

- The National Center is a neutral, unbiased participant in IPECP study. We don't advocate for or against one model of care over another. Rather, we bring organizations together into learning laboratories, designed as collaboratives of higher education and health system partners committed to advancing IPECP research and education together.
- Called the Nexus Innovations Incubator Network, these sites are conducting applied research as varied as health care itself. From studying the impact of team-based care on stroke patients to understanding the role students play in decreasing emergency department visits among the chronically ill, these Nexus projects provide a practical snapshot of how IPECP can be used in different clinical and educational settings.
- Throughout the process, each incubator member site submits data about specific topics to the National Center, data that are processed and measured against data from other incubator sites and from the government. Results from these projects will be shared broadly, increasing the availability of evidence about the potential effectiveness of IPECP in achieving the Triple Aim.
- Beyond supporting original research, we're building an engaged community of individuals and organizations interested in IPECP. At the center of this effort is the Resource Exchange, an interactive digital library of user-supported resources. National Center staff use the submitted peer-reviewed and non-reviewed literature to build collections that are catalogued by topic, making it easier for individuals and organizations to find information applicable to their needs and interests.